

Portsmouth Rehabilitation and Reablement Team

Portsmouth's Rehabilitation and Reablement Team (PRRT) comprises of Solent NHS Trust and Portsmouth City Council health and care colleagues, all working to the same goal of keeping some of Portsmouth's most frail and vulnerable safe, well and at home.

PRRT has been shortlisted in the prestigious Nursing Times Awards for the Team of the Year Award. The team were nominated for the award, having received numerous accolades from patients and families of those they have cared for throughout Covid and the national recovery in the NHS. The team is unique because it features so health and care disciplines, and also focuses on admission avoidance as well as hospital discharge. Where most teams are purely focused on a sole discipline, such as physiotherapy, PRRT is co-located and fully integrated, with one management structure that is aligned to CQC nursing and social care standards. This means that a patient has the full weight and expertise of both the NHS and Social Care behind them.



Comms proudly regularly highlight the collaborative way of working that PRRT's ethos holds strong to.

Urgent Community Response (UCR) Team



The UCR team is based at St Mary's Community Health Campus in Portsmouth and is a community-based crisis response service provided by a multi-skilled team to people in their usual place of residence with an urgent care need to prevent a hospital admission and involves an assessment (within 2-hours of referral) and short-term intervention.

The community multidisciplinary team operates 7 days a week, 8am to 8pm. Referrals are accepted from Health and Care professionals only for people over 18, who live in Portsmouth postcodes with a Portsmouth GP.

We have most recently showcased the UCR team at work through an ITV Meridian report.

Family Assist Solent



Many within our 0-19 service have integrated roles within the city, such as seen with our health visitors. Health visitors have been key to encouraging expectant and new parents to sign up to Family Assist Solent, an online portal helping parents and families access information and support during pregnancy, birth and beyond, all written and approved by local health professionals.

Family Assist Solent can be accessed at any time, from a phone, tablet or PC, and will deliver key pieces of information by e-mail to registered users at the relevant stages throughout pregnancy and through the different stages of a child's life. To date, around 3,000 families have signed up to Family Assist Solent.

The range of informative and promotional comms have been shared across Solent channels and then amplified through Health and Care Portsmouth platforms.